



POST LASER HAIR REMOVAL INSTRUCTIONS

- No deodorant for 24 if underarms were treated
- Immediately after your treatment, there likely will be some slight redness, swelling around the hair follicles and mild discomfort similar to a sunburn. Cool packs may be applied.
- You may notice during and immediately after your session the smell of burned hairs. This is normal.
- Do not rub or pick the treated area.
- Do not use loofahs or abrasive scrubs for at least 3 days.
- Avoid strenuous sports activities or hot water, saunas or jacuzzi for 3 days.
- If a crust develops, apply aloe without alcohol daily, to keep the area moist until healed.
- Contact our office at 309-282-4111 if the area shows signs of infection or blistering.
- Shaving is recommended between sessions and is recommended the day prior to your next treatment.
- Sessions for neck up laser scheduled every 2 weeks. Sessions for chest down scheduled every 3 to 4 weeks.
- Waxing, threading, tweezing or sugaring is to be avoided between sessions; however, shaving is encouraged.
- Use a broad-spectrum SPF 30+ are required
- No natural, artificial, or spray tanning during your 6 laser sessions.