



Kybella Post Treatment Instructions

- After your treatment you will have swelling and redness. You may also experience bruising, pain, and numbness. This will normally last less than 5 days, and for some patients may last up to 14 days.
- Do not participate in strenuous activity for 3 days following treatment.
- Sleep with your head elevated on 2-3 pillows. This will help with swelling.
- Do not scratch, pick, or traumatize the area in any way.
- Do not massage or manipulate the injection site.
- You may apply your normal skin care regimen and sunscreen normally.

Call our office at 309-282-4111 if you have any difficulty swallowing, crusting or scabbing, asymmetry of your smile or any other unusual symptoms. In case of emergency please call 911.